

Participant Release Packet

You must fill this out completely.

Staple all necessary documents and copies with this packet.

| Name | Trip Location | | |
|---|---|--|--|
| Church or School Name | Trip Dates | | |
| All participants must complete Section 1 of this Document. Y Internationally. | ou only need to complete Section 2 if you are traveling | | |
| Section 1: To be completed by all par | rticipants | | |
| COMPLETED FORMS (see attached documents) Please double check signatures and information Participant Release form Assumption of Risk and Liability Waiver MEDICAL Attach a copy of your medical insurance Check with your agent to make sure your policy is vorance Bring all Medications in their ORIGINAL Containers | | | |
| GLASSES AND CONTACTS If you wear glasses or contacts, be sure to bring spa | ares. We will not be able to replace glasses or contacts. | | |
| Section 2: To be completed only by p | | | |
| IDENTIFICATION Attach a photocopy of passport Attach a photocopy of birth certificate Attach a photocopy of Photo ID (Driver's License or other photo ID) | COMMUNICATION We will communicate via email, if possible. If you have access to an email address and would like to receive updates, list the address here: | | |
| IMMUNIZATIONS ☐ Review CDC Website (www.cdc.gov) ☐ Consult your doctor about possible immunization ☐ Attach a copy of childhood immunization (if possible) MUST SIGN (for int'll trips) | SIGNATURES I have completed this form and have provided all requested attachments. I have reviewed the safety precautions listed by the CDC and country information. | | |
| (tor intruips) | Parent or Guardian Signature Date Participant Signature Date | | |



Participant Release Form

| Participant's Legal Name | Date of Birth | Name most often ca | Name most often called | |
|---|---|---|---|--|
| ome address, City, State, Zip | | Home Telephone | | |
| Height Weight | Eye Color | Hair Color BI | ood Type (if known) | |
| Parent or Guardian's Name | | Place of Employment | | |
| Mobile Telephone | | Business Telephone | | |
| Emergency Contact Person and Relationship | p | Emergency Contact Telephone | | |
| How should LeaderTreks contact you while | your participant is with us | (home phone/cell phone/work?) | | |
| Participant's Doctor's Name, Address, Telep | phone: | | | |
| Do you, the participant, have asthma, a heaknow? If so, please list and explain: | | | | |
| Have you, the participant, ever had any maj explain: | | | | |
| Please list all allergies (food, medical, enviro | onmental): | | | |
| Please list all medications you are currently | taking: | | | |
| Do you, the participant, have any condition this adventure? If so, please explain in deta | (medical, emotional, psyc ail: | hological) that would inhibit you f | rom fully participating in | |
| Author I hereby give my permission to LeaderTreks or medical service to provide emergency me is understood that LeaderTreks' officials will registration document before any action will the expense of emergency medical or surgice. | edical or surgical care for make a conscientious ef be taken. If it is not poss | or emergency medical service an the above listed participant shou fort to locate the emergency cont | ld an emergency arise. It acts listed on this | |
| Signature of Parent or Guardian | Date | Signature of Parent or Guard | ian Date | |
| Insurance Company | | Billing Address | | |
| Medical Identification # (Including Group # in | f applicable) | Phone Number | | |
| Authorization to Partici I hereby give permission for my child to go of permission for my child to participate in all a | on trips away from Leade | | | |
| Signature of Parent or Guardian | | Signature of Parent or Guard | ion Do | |



Leadership Missions, Wilderness, and Adventure Trips ASSUMPTION OF RISK AND LIABILITY WAIVER

1. IMPORTANT: THIS IS A LEGAL DOCUMENT

Please read and understand everything in this document before signing. If you have any questions, please consult with an attorney. LeaderTreks has tried to do everything possible to ensure that our guests experience a safe and fun adventure. Despite these efforts, however, we wish to inform our guests that missions and high adventure trips are not risk free. The same elements that contribute to the unique character and challenge of missions and high adventure experiences can cause loss or damage to equipment, injury, illness, or in extreme cases, permanent trauma or death. We do not want to reduce your enthusiasm for the experience, but we do want you to know in advance what to expect, and to be informed of some of the possible risks. We ask that you read this, sign it, and return it to your team leader ASAP.

2. ACKNOWLEDGMENT OF RISK

Due to the nature and locations of targeted missions areas and the high adventure setting, our guests should be made aware of certain risks. Although every effort is made to ensure the safety of our guests, there are some risks inherent to the mission site as well as the high adventure environment. While participating in a LeaderTreks trip, a guest may be injured in any of the following ways, including but not limited to: falls resulting in twisted ankles, jammed fingers, or broken bones; cuts, scrapes, bruises, splinters and other superficial wounds, which may or may not require medical attention such as stitches or sutures; head injuries such as concussions; burns from fires or kitchen stoves. Accidents involving mountain bikes could result in head, neck or back injuries, broken bones, or other severe injuries.

Also, some participants may suffer from altitude sickness, heat exhaustion, sunburn, heat stroke, heat cramps, or dehydration. Accidents can also occur during off-adventure times. Participants can slip and fall while hiking to or from an adventure resulting in an injury. While participating in our program, there is the possibility of encountering different types of poisonous plants (poison ivy, poison oak, etc.) or insects (spiders, mosquitoes, etc.), or wild animals (mountain lions, bears, skunks, etc.). Wind, rain, hail, snow, using portable toilet facilities, sleeping outside, eating meals outside, being in the open for extended periods of time can be uncomfortable and/or cause injury or illness.

LeaderTreks offers trips which can be classified into three different levels of physical exertion and challenges. Attached hereto as Exhibit "A" is a listing of each of the three levels of trips offered by LeaderTreks, including a general description of the physical demands and challenges offered by each level of trip. Please consult a physician with specific questions on participation.

It is also possible, due to the nature of our program, that some participants may suffer mental anguish or emotional trauma from the experience or from their injuries.

This list is not an exclusive or exhaustive list of possible injuries, trauma or accidents that may occur while on this trip. Most of these injuries are rare and you are not likely to encounter them; however, they have occurred and you need to know about them and other possible injuries not mentioned above.

I state that I have read the above statement on some of the possible risks in this activity. Therefore, arising as a result of our participation in this event, I assume full responsibility for myself (or my minor child), for bodily injury, death, and loss of personal property and any expenses as a result of my intentional actions or negligence. I also understand that LeaderTreks reserves the right to refuse any person it judges to be incapable of meeting the rigors and requirements of participating in the missions or the high adventure program. I am in good physical condition and able to undertake this activity.

I understand that it is my responsibility to maintain health and accident insurance at all times during the trip and that I am responsible for the payment of any deductibles or co-payments incurred by use of the insurance during the trip.

I further agree to reimburse and hold LeaderTreks harmless for any amounts expended on behalf of participant for costs not covered by insurance, including but not limited to deductibles, supplies, prescription drugs, over the counter medications or preparations and equipment.

I understand that in certain circumstances, third party health care providers may not be immediately available or accessible to render care to a participant. I acknowledge and agree that in such circumstances it is necessary and appropriate that LeaderTreks staff members will render such emergency first aid care as is necessary and appropriate in the circumstances.

I acknowledge that the trip fees do not include travel insurance to cover emergency treatments. I also acknowledge that I will be responsible for paying for any costs associated with emergency travel for the injured or ill participant.

THIS PAGE HAS TWO SIDES - PLEASE READ AND FILL OUT BOTH CAREFULLY

I acknowledge that thefts and losses can occur during the trip and that LeaderTreks is not responsible for any such thefts and losses and will not seek reimbursement from LeaderTreks for any such thefts or losses.

I acknowledge and accept full financial responsibility for any damage caused by the Participant, whether as a result of intentional or negligent acts. I agree to reimburse LeaderTreks or the third party for such damages immediately upon receipt of notification of claim.

3. CONTRACT, WAIVER, RELEASE AND INDEMNIFICATION

I have read the above statements and I agree to indemnify and hold harmless LeaderTreks, their agents, employees and instructors from all claims, damages, losses, injuries and expenses arising out of or resulting from participation in these activities including, but not limited to the hazards and risks enumerated in Sections 1 and 2. I further agree to release, acquit, and covenant not to sue LeaderTreks, their agents and employees for all actions, causes of action, claims or damages, damages in law or remedies in equity of whatever kind, or my family, myself, or my heirs, against LeaderTreks and if I do I cannot collect any money.

I agree that the site of any lawsuit and the law governing any such lawsuit shall be Illinois and governed by Illinois law. The terms of this agreement shall continue and be in effect after the LeaderTreks trip has ended.

As liquidated damages, I hereby agree that if LeaderTreks is forced to defend any action, lawsuit or litigation by myself, my executors, or my heirs, on my family's or my behalf, my heirs or executors and I agree to pay LeaderTreks' costs and attorney fees if they successfully defend such action, lawsuit, or litigation.

I authorize and release to LeaderTreks the use of my image in any photograph or video recording for any purpose of LeaderTreks.

Parent/guardian name (printed)

Date

"Exhibit A"

Level 1- Domestic Missions Sites

Signature of parent/guardian

For trips within the contiguous 48 states, each participant must be able to:

- -Work at manual labor for 3 hours at a time.
- -Walk for sight seeing purposes of more than 30 minutes at a time.
- -Manage personal medical needs that are of a recurrent nature.

Level 2 - International Missions Sites

For trips at international missions sites, each participant must be able to:

- -Fulfill requirements of Level 1.
- -Lift and move a weight of 25 pounds without extreme difficulty.
- -Work at manual labor for 4-6 hours at a time.
- -Show evidence of current vaccinations recommended by family physician.

Level 3 - Wilderness and Adventure Sites

For trips involving wilderness travel, each participant must be able to:

- -Fulfill the requirements of Level 1.
- -Carry 25 pounds or more over a distance of 5-8 miles (minimum) over difficult terrain with elevation change.
- -Show evidence of no recurrent health problems that result in frequent hospitalization.