

ACTIVITIES: Please pick one and clarify which one you have chosen on the registration form so that we can be sure to have enough supplies for everyone!

Refit ®: Are you looking for a time to exert some physical energy? A time to dance and work out with some friends? That is exactly what this activity was created for, so you have found the best activity! If you pick this activity, be prepared for a time of laughter and fun, and be ready to learn some tips and tricks on how to keep your body healthy!

*What to bring: We do not promise that you will not get sweaty, and we do not promise that the dances will be easy (however, you are not required to dance the whole time, it's for fun anyway!). Bring a water bottle, deodorant, and a fresh shirt if you want to change before the day is over 😊

Bible Journaling: Do you like to doodle? Maybe draw, or color? Do you enjoy reading the Bible? This activity is specifically a time to combine those two worlds, as we take Bible Journaling to a whole new level! God gave us each individual talents, and we consider drawing His Word out on paper/ in your journal Bible as a form of worship! If you choose to attend this activity, bring your creative mind, and be ready to get your hands a little dirty as we come together and meditate on God's Word artistically for a portion of time!

*What to bring: If you have your own personal Bible Journal, we encourage you to bring that! If you don't have one, don't let that stop you from coming to join us here, we will have printed bible verses available and all other art supplies one may need.

Time of Worship: Maybe you don't prefer to get a little sweaty, and maybe you just don't feel like art comes naturally to you- I am here to tell you that that is perfectly okay! This activity is created to give girls another opportunity to spend time worshipping our Creator through singing and musical instruments. If you feel like you may not have the best voice, do not let that hinder your decision to come join us as we praise our Heavenly Father!

*What to bring: If you want to play with the worship band as we praise together, we encourage you to bring your own instrument, as we do not have instruments to hand out. If you just want to come sing, then just bring your beautiful self!